

HEALTH HISTORY

Please complete all applicable questions to the best of your knowledge. If necessary, you may use the space at the end of this form to complete any answers or provide additional information.

Patient: _____ Date of Birth: ____ / ____ / ____

Home Address: _____

Marital Status: S M W D Sep Do you have a living will? Y N

MEDICAL CONDITIONS

If either you or a family member has or had any of these conditions, check (✓) the box by the condition listed. For family member, indicate their relationship to you (e.g., mother, father, sibling). Please provide a brief description.

| Condition | Self | Description | Family Member | Description |
|------------------------------|------|-------------|---------------|-------------|
| Arthritis | | | | |
| Asthma | | | | |
| Back Problems | | | | |
| Blood in Stool | | | | |
| Bowel Changes | | | | |
| Cancer | | | | |
| Chicken Pox | | | | |
| Dental Problems | | | | |
| Depression | | | | |
| Diabetes | | | | |
| Emphysema | | | | |
| Hearing Problems | | | | |
| Heart Problems | | | | |
| Hepatitis | | | | |
| High Blood Pressure | | | | |
| High Cholesterol | | | | |
| Kidney Problems | | | | |
| Leg Swelling | | | | |
| Liver Problems | | | | |
| Lung Problems | | | | |
| Measles | | | | |
| Migraine Headaches | | | | |
| Mononucleosis | | | | |
| Mumps | | | | |
| Panic Attacks | | | | |
| Seizures | | | | |
| Sexually Transmitted Disease | | | | |
| Skin Problems | | | | |
| Stroke | | | | |
| Thyroid Problems | | | | |
| Other: | | | | |
| Other: | | | | |
| Other: | | | | |

PROBLEM CHECKLIST

If you have recently or recurrently noted any of the following problems, please check (√) the box by the condition listed.

| | | |
|-------------------------|--|---|
| General | Fever Sweats Unintended weight change (how much for what period? _____) | Chills Malaise or "feeling ill" Fatigue |
| Head | Headache | Head Injury |
| Ears | Ringing Ear pain Ear discharge | Change in hearing Blockage Dizziness |
| Nose | Congestion Persistently discolored discharge Sinus pressure | Clear discharge Post nasal drip Sinus pain |
| Throat | Sore throat Laryngitis Itchy throat | Dental problem Persistent hoarseness Snoring |
| Eyes | Change in vision Flashing or scintillating lights Partial loss of vision Eye pain | Sudden loss of vision Dark spots or "floaters" Eye discharge Itchy or irritable |
| Heart | Chest pain or pressure Swelling of feet or ankles | Palpitations Racing Heart |
| Lungs | Trouble breathing Cough | Wheezing Painful breathing |
| Digestive | Heartburn or acid reflux Nausea Diarrhea Blood in stool Excessive bloating or gas | Abdominal pain Vomiting Constipation Black tarry stool |
| Bones and joints | Back pain Joint pain | Neck pain Muscle aches |
| Neurological | Weakness Abnormal sensations Seizures | Numbness Fainting Restless legs |
| Psychological | Anxious Feeling hopeless or helpless Unable to enjoy life Uncontrollable anger or irritability Wanting to hide, disappear or die | Panic attack Persistent sadness Insomnia Poor appetite or stress eating Wanting to hurt someone |
| Skin | Abnormal or changing mole Lesions of concern Swollen glands Change in texture | Rashes Dryness Bruising Hair or nail changes |

ALLERGIES

Are you allergic or intolerant to any medications? Y N If "yes", please list and describe your reaction(s).

SURGERIES

Please list any surgeries or procedures (include colonoscopies) you have had with approximate dates.

MEDICATIONS

Please list any medications you are using including vitamins, herbal supplements and contraception.

PREVENTIVE HEALTH

Please provide the following information:

| | |
|---|---|
| Caffeine? <input type="checkbox"/> Y <input type="checkbox"/> N Type: _____ Caffeinated beverages per day? | Alcohol? <input type="checkbox"/> Y <input type="checkbox"/> N Type: _____ Drinks per week? Quit Date? / |
| Tobacco? <input type="checkbox"/> Y <input type="checkbox"/> N Type: _____ Packs per day? Quit date? / | Other substances? <input type="checkbox"/> Y <input type="checkbox"/> N Frequency? _____ Drug(s)? |
| Exercise? <input type="checkbox"/> Y <input type="checkbox"/> N How long? Hrs/ Mins | Number of Days per week? |

FOR WOMEN

Please provide the following information:

| | |
|---|--|
| Number of pregnancies? How many resulted in live birth(s)? Miscarriage(s)? Abortion (s)? | |
| Date of last period? / | Could you be pregnant now? <input type="checkbox"/> Y <input type="checkbox"/> N |
| Last Pap Smear or female exam? / | Last mammogram? / |
| Method of birth control? | Age at first period? Age at menopause? |
| Prior abnormal Pap Smear? <input type="checkbox"/> Y <input type="checkbox"/> N If so, year: | Sexually active? <input type="checkbox"/> Y <input type="checkbox"/> N |
| History of human papilloma virus? <input type="checkbox"/> Y <input type="checkbox"/> N | Planning pregnancy in next year? <input type="checkbox"/> Y <input type="checkbox"/> N |

Is there anything of a sensitive nature you would like to discuss with your physician? Y N

ADDITIONAL INFORMATION

Please use this space to complete any of the above questions or provide other relevant information.

Patient Signature or Patient's Legal Representative

Date

Print Name

If not the patient, state your relationship to the patient or describe your authority to act on behalf of the patient.